

Valuing Our Vision series

Genuine Joy

Message Text: 1 Corinthians 6:12-20

July 18, 2010

All Things are permissible

What is helpful to do?

Am I a slave to this act?

Food for the stomach and the stomach for Food

I glorify God with my body when I am satisfied in Jesus Christ

Go Deeper:

- 1) To what degree does care about what we do with our bodies?
Why does He care?
- 2) What kind of city was Corinth when Paul wrote this letter to the church at Corinth?
- 3) How had the church been influenced by the city?
- 4) What does Paul mean when he says “all things are permissible”?
How should that influence our decisions about what we do with our body?
- 5) Does God care if we diet or overeat, consume salt, sugar, or caffeine, smoke or drink? Does He care about the amount of sleep we get, the medications and supplements we use, cosmetic surgery we have done, or the piercings and tattoos we get? Explain your answer.
- 6) Can you think of other areas that need to be addressed when considering biblical stewardship of our body?
- 7) How could using the two stewardship questions, is it helpful to do, and am I a slave to this act, be helpful in making decisions about honoring God with the use of your body?
- 8) Why does Paul say our body is the “temple” of the Holy Spirit? Does that impact how you think about your body? Why?
- 9) What kind of temple are you for the Holy Spirit right now?
- 10) Is there anything that you find more satisfaction in than Jesus Christ?

Next Steps:

- There are things I am doing to my body that are not helpful. By God’s grace I will begin creating new helpful habits this week.
- I am a slave to _____ and am finding my satisfaction in it rather than Jesus Christ. This week I will begin taking steps to break that bondage through changing habits, talking with a friend or pastor for accountability, and fleeing the temptation to run to that rather than Christ when I seek satisfaction.
- Write in your own: _____